

Tricks to Raise Your Kids

Personal brand, that's a term I like to call as seeing ourselves through ourselves. As an adult here, I have seen myself (and is still seeing) building such *reputation*. I have been through many things in life. The goods and the bads. The ups and the downs of life. Lots of lessons to take, in order to perceive such personal brand that I have already set inside my brain. It is wickedly funny that I did not get all of it consciously. Things that I have learned while I was listening to my parents conversations during all those dinner times; most of them were oblivious. Still, it is obviously making me who I am right now.

I am not bluffing around, talking that I am a well-adjusted person. There are still lots of things for me to adjust. But, what I am going to say here is, how I and some people out there, found themselves well-rounded because of things they had learned from their parents, who had tried to raise and plan their children's *reputation*.

Among those **parenting skills** within a family, the key to creating a *reputation* in which your children become well-adjusted is building up a solid support system at home. Such system that aims to make children set their achievements and ambitions and satisfy with that. Also, helping them to develop a sense of passion and purpose. Consider these tricks to raise your kids early and bring up "well-adjusted, healthy, and happy with their achievements" children.

Give a Room for the Special Skills

Every child has a special attribute that makes them differently gifted from one another. Such talent that can either be developed in the traditional schools or delayed when they are there. A parent with **good parenting skills** knows, that to boost this talent is not necessarily always about money. Such unstructured plays can also be a perfect door to open up the opportunities for your kids' intellectual, physical, and personal development. That's why, if you spend your time with your kids playing chasing in the yard, dancing in the living room, or catching up fireflies during spring nights, all you have to do is to keep it! You are on the right track. Still, introduce them to even more new things and see them get inspired to do similar things in their future.

Applaud and Praise Efforts

Professor Carol Dweck, Ph.D. from Stanford University maintains that a person's main set can influence their behaviors. In terms of child rearing, it should be applied by replacing the labeling habit into praising habit. Instead of labeling your children as smart or talented, it is better to come near them and praise them for their hard work. An adult with fixed mindset generally thinks that their achievements are from their innate abilities. They usually reluctantly take the challenges and think that what they get is already the best. Those who grow up with lots of praises rather than labels, tend to be more willing to take challenges to improve themselves, learning new things. Praising them is a costless bribe you can do to boost their inner drive for learning.

Admire Their Learning Style

Having different learning style is not a sin! Stop comparing your child with other kids because of their different ways of learning. There are ways to develop intelligence. Whether it is musical, logical, mathematical (you name it), all of that could be a means to develop their intelligence and goals. All you need to do is, pay attention to what ways that your kid could learn best. Take for instance your kid is good in auditory kind of thing. Support them by giving them series of listening materials for them to learn new vocabulary, phrases, or expressions. Or, you can simply lead them to be musically smart.

Read and Read!

Reading is one of the greatest activities to introduce your kids to learn new things. Stock your house with different kinds of books will be a perfect way to help them developed. There is no such "too early to introduce" in the world of kids reading. Even a toddler who has not learned to read can notice some rhythms of language when their parent read a particular book to them. That's why, try to open up their horizon even from their earlier ages. Besides, there is a new founding that, reading can help your kids to be emotionally stable and have less behavioral problems.

Eat Together and Have a Balance Bedtime

As I say previously, I start finding my *reputation* while I and my family having dinner together. My mom is definitely the greatest cook. But it is not a big deal if you cannot make a perfect meatloaf. The thing you want to bring up there is a mutual conversation between you and your beloved children. Show them that you value them by asking how their day was and discuss things they have learned that day. That will show them how caring you are to spend time sitting and genuinely listening to their stories.

After all the activities are done, set them to a balance bedtime with at least 30 minutes pre-bedtime activities without a computer, cell phone, or TV. Always think that bedtime is a precious time for them to prepare themselves for the next day. Complete the pre-bedtime activity with some casual conversations and be near them until they are sleeping. Don't forget to caringly say how deep you love them by whispering best wishes and blowing good night kisses.